

# Yoga Teacher Training



Irish member of the  
European Union of Yoga

**The next IYA Teacher Training  
Course starts in September 2025.**

The IYA has been training yoga teachers since 1978. The training explores classical and contemporary methods and practices. The IYA is the only Irish member accredited by the European Union of Yoga. Trainees begin teaching after year 2 of the course so you will have support of the tutors as you begin your teaching journey. The course is run over a four year period including 700+ hours of training.

## **Interested in finding out more about the course?**

Join us for an assessment day on Saturday 14th June in Croí Anú to meet course tutors **Gabi Gillessen** and **Daisy McCann**.

**To register your interest contact Course Administrator Sacha Johnston for more information [ttc@iya.ie](mailto:ttc@iya.ie)**



For more info and to find out about more IYA activities visit us at [www.iya.ie](http://www.iya.ie)