

Irish Yoga Association
Teacher Training

Open Day



Irish member of the
European Union of Yoga



Root To Light
Wood of O

**Saturday
27th May**

Tullamore,
Co. Offaly

SCAN ME!



Join us for a **FREE YOGA CLASS** and an opportunity find out more about the teacher training course. The next course starts in **September 2023**.

The IYA has been training yoga teachers since 1978. The training explores classical and contemporary methods and practices. The IYA is the only Irish member accredited by the European Union of Yoga. Trainees begin teaching after year 2 of the course so you will have support of the tutors as you begin your teaching journey.

The course is run over a 4 year period including 700+ hours of training.

REGISTRATION:

To register your interest please email the course tutors:

Gabi Gilllessen chairman@iya.ie
Aoife Lydon aoifemlydon@gmail.com



For more info and to find out about more IYA activities visit us at www.iya.ie